First Name	Last Name	Gender	Event Name	Sub Category	Race Number
Laura	Akers	female	Spirit 30km	Beginner	2350
Elena	Anastasia	female	Spirit 30km	Beginner	2351
Luka	Balaban	male	Spirit 30km	Beginner	2352
Laura	Barrett	female	Spirit 30km	Beginner	2353
Edel	Beirne	female	Spirit 30km	Beginner	2354
Darren	Bellew	male	Spirit 30km	Beginner	2355
Carmel	Bergin	female	Spirit 30km	Beginner	2356
Gwen	Bergin	female	Spirit 30km	Beginner	2357
Edmund	Betagh	male	Spirit 30km	Beginner	2358
louise	bevans	female	Spirit 30km	Beginner	2359
Tanya	Boylan	female	Spirit 30km	Beginner	2360
Dermot	Boyle	male	Spirit 30km	Beginner	2361
Claire	Brady	female	Spirit 30km	Beginner	2362
Brendan	Brady	male	Spirit 30km	Beginner	2363
Roisin	Breen	female	Spirit 30km	Beginner	2364
Patrick	Brennan	male	Spirit 30km	Beginner	2365
Eoghan	Brennan	male	Spirit 30km	Beginner	2366

Sinead	Brennan	female	Spirit 30km	Beginner	2367
John	Brennan	male	Spirit 30km	Beginner	2368
Mary	Breslin	female	Spirit 30km	Beginner	2369
Lisa	Brett	female	Spirit 30km	Beginner	2370
Oonagh	Brett	female	Spirit 30km	Beginner	2371
Rosemarie	Brett	female	Spirit 30km	Beginner	2372
Katie	Brogan	female	Spirit 30km	Beginner	2373
Cassandra	Brophy	female	Spirit 30km	Beginner	2374
Gabrielle	Brophy	female	Spirit 30km	Beginner	2375
Eve	Brosnan	female	Spirit 30km	Beginner	2376
Angela	Brown	female	Spirit 30km	Beginner	2377
Gerry	Browne	male	Spirit 30km	Beginner	2378
Chloe	Burke	female	Spirit 30km	Beginner	2379
Runagh	Burke	female	Spirit 30km	Beginner	2380
Regina	Byrne	female	Spirit 30km	Beginner	2381
Joanne	Byrne	female	Spirit 30km	Beginner	2382
Ciara	Byrne	female	Spirit 30km	Beginner	2383
Kate	Cahier	female	Spirit 30km	Beginner	2384

Rebecca	Campion	female	Spirit 30km	Beginner	2385
Gary	Canny	male	Spirit 30km	Beginner	2386
James	Carroll	male	Spirit 30km	Beginner	2387
Sinead	Carroll	female	Spirit 30km	Beginner	2388
Tracey	Carroll	female	Spirit 30km	Beginner	2389
Louise	Carroll	female	Spirit 30km	Beginner	2390
Rebecca	Carroll-griffin	female	Spirit 30km	Beginner	2391
TERENCE	CASEY	male	Spirit 30km	Beginner	2392
Colette	Casey	female	Spirit 30km	Beginner	2393
Helen	Casey	female	Spirit 30km	Beginner	2394
Martina	Cawley	female	Spirit 30km	Beginner	2395
john	Clarke	male	Spirit 30km	Beginner	2396
Deirdre	Clarke	female	Spirit 30km	Beginner	2397
Martin	Cleary	male	Spirit 30km	Beginner	2398
Kevin	Clery	male	Spirit 30km	Beginner	2399
Eileen	Coffey	female	Spirit 30km	Beginner	2400
Ollie	Coffey	Male	Spirit 30km	Beginner	2401
Katie	Colleary	female	Spirit 30km	Beginner	2402

Carmel	Colleran	female	Spirit 30km	Beginner	2403
Patrick	Collins	male	Spirit 30km	Beginner	2404
EOGHAN	COLLINS	male	Spirit 30km	Beginner	2405
Trish	Conlon	female	Spirit 30km	Beginner	2406
Anna	Connaughton	female	Spirit 30km	Beginner	2407
Kevin	Connaughton	male	Spirit 30km	Beginner	2408
Feargal	Conneely	male	Spirit 30km	Beginner	2409
Martina	Conneely	female	Spirit 30km	Beginner	2410
Eleasha	Connell	female	Spirit 30km	Beginner	2411
Ellen	Conway	female	Spirit 30km	Beginner	2412
Louise	Cook	female	Spirit 30km	Beginner	2413
Jessica	Cooke	female	Spirit 30km	Beginner	2414
Bobby	Cooper	male	Spirit 30km	Beginner	2415
Susie	Corby	female	Spirit 30km	Beginner	2416
Jeremiah	Corkery	male	Spirit 30km	Beginner	2417
Katie	Corrigan	female	Spirit 30km	Beginner	2418
Karen	Cosgrave	female	Spirit 30km	Beginner	2419
Ciara	Cosgrave	female	Spirit 30km	Beginner	2420

Ann	Cosgrove	female	Spirit 30km	Beginner	2421
Jennifer	Costello	female	Spirit 30km	Beginner	2422
Natalie	Costello	female	Spirit 30km	Beginner	2423
Ailish	Cotter	female	Spirit 30km	Beginner	2424
Katie	Coughlan	female	Spirit 30km	Beginner	2425
Seamus	Cryan	male	Spirit 30km	Beginner	2426
Michael	Cunniffe	male	Spirit 30km	Beginner	2427
David	Curran	male	Spirit 30km	Beginner	2428
Peter	Curry	male	Spirit 30km	Beginner	2429
Saoirse	Curtin	female	Spirit 30km	Beginner	2430
Eoin	Daly	male	Spirit 30km	Beginner	2431
Conleth	Daniels	male	Spirit 30km	Beginner	2432
PEARSE	DEEVEY	male	Spirit 30km	Beginner	2433
Caroline	Delaney	female	Spirit 30km	Beginner	2434
Damian	Delaney	male	Spirit 30km	Beginner	2435
Michael	Devaney	male	Spirit 30km	Beginner	2436
Gary	Dinnigan	male	Spirit 30km	Beginner	2437
Miriam	Doherty	female	Spirit 30km	Beginner	2438

Aileen	Doherty	female	Spirit 30km	Beginner	2439
Rian	Dolan	male	Spirit 30km	Beginner	2440
Keith	Douglas	male	Spirit 30km	Beginner	2441
dermot	doyle	male	Spirit 30km	Beginner	2442
Michelle	Drought	female	Spirit 30km	Beginner	2443
Lisa	Duffy	female	Spirit 30km	Beginner	2444
Karen	Dunne	female	Spirit 30km	Beginner	2445
Robbie	Dunne	male	Spirit 30km	Beginner	2446
Sinead	Egan	female	Spirit 30km	Beginner	2447
Cathal	Egan	male	Spirit 30km	Beginner	2448
David	Fagan	male	Spirit 30km	Beginner	2449
Ruth	Fair	female	Spirit 30km	Beginner	2450
Aaron	farry	male	Spirit 30km	Beginner	2451
Gemma	Feerick	female	Spirit 30km	Beginner	2452
Vincent	Fernandes	male	Spirit 30km	Beginner	2453
Ciaran	Finnegan	male	Spirit 30km	Beginner	2454
Patrick	Finnegan	Male	Spirit 30km	Beginner	2455
Joan	Fitzgerald	female	Spirit 30km	Beginner	2456

Mary	Fitzgerald havens	female	Spirit 30km	Beginner	2457
Calum	Fitzsimons	male	Spirit 30km	Beginner	2458
sophie	Flynn	female	Spirit 30km	Beginner	2459
Fionnuala	Flynn	female	Spirit 30km	Beginner	2460
Neil	Foley	Male	Spirit 30km	Beginner	2461
Austin	Foley	male	Spirit 30km	Beginner	2462
Marissa	Forde	female	Spirit 30km	Beginner	2463
Caitriona	Freir	female	Spirit 30km	Beginner	2464
Thomas	Freir	male	Spirit 30km	Beginner	2465
Denise	Gallagher	female	Spirit 30km	Beginner	2466
Darragh	Gallagher	male	Spirit 30km	Beginner	2467
Anne	Gallagher	female	Spirit 30km	Beginner	2468
Daragh	Gallagher	male	Spirit 30km	Beginner	2469
Adrian	Garvey	Male	Spirit 30km	Beginner	2470
Eamon	Giblin	male	Spirit 30km	Beginner	2471
Evan	Gillespie	male	Spirit 30km	Beginner	2472
Julie	Gilmore	female	Spirit 30km	Beginner	2473
Laura	Glennon	female	Spirit 30km	Beginner	2474

Sonia	Gough	female	Spirit 30km	Beginner	2475
David	Gough	male	Spirit 30km	Beginner	2476
Mark	Goulding	male	Spirit 30km	Beginner	2477
Gary	Gouldsbury	male	Spirit 30km	Beginner	2478
Gillaian	Gouldsbury	female	Spirit 30km	Beginner	2479
Emmett	Greene	male	Spirit 30km	Beginner	2480
Karen	Grimley	female	Spirit 30km	Beginner	2481
Peter	Grimley	male	Spirit 30km	Beginner	2482
james	Guihen	male	Spirit 30km	Beginner	2483
Clara	Gyo	female	Spirit 30km	Beginner	2484
Enda	Hanley	male	Spirit 30km	Beginner	2485
Gerard	Hannon	male	Spirit 30km	Beginner	2486
Linda	Harrington	female	Spirit 30km	Beginner	2487
Thomas	Hawkins	male	Spirit 30km	Beginner	2488
Georgina	Hayes	female	Spirit 30km	Beginner	2489
Martina	Healy	female	Spirit 30km	Beginner	2490
Aine	Healy	female	Spirit 30km	Beginner	2491
Lorraine	Heavey	female	Spirit 30km	Beginner	2492

Padraig	Hegarty	male	Spirit 30km	Beginner	2493
Aideen	Heneghan	female	Spirit 30km	Beginner	2494
Seamus	Hennelly	male	Spirit 30km	Beginner	2495
Karen	Hickey	female	Spirit 30km	Beginner	2496
Mary	Higgins	female	Spirit 30km	Beginner	2497
Micheal	Higgins	male	Spirit 30km	Beginner	2498
Ciara	Higgins	female	Spirit 30km	Beginner	2499
Megan	Higgins	female	Spirit 30km	Beginner	2500
Laura	Hoey Lynch	female	Spirit 30km	Beginner	2501
Katie	Hogan	female	Spirit 30km	Beginner	2502
Frankie	Hollands	female	Spirit 30km	Beginner	2503
Steven	Hollands	male	Spirit 30km	Beginner	2504
Nicola	Hopkins	female	Spirit 30km	Beginner	2505
Orlagh	Hopkins	female	Spirit 30km	Beginner	2506
Mairead	Hopkins Power	female	Spirit 30km	Beginner	2507
Sheena	Hopper	female	Spirit 30km	Beginner	2508
Liam	Hughes	male	Spirit 30km	Beginner	2509
Siobhan	Hunt	female	Spirit 30km	Beginner	2510

Darren	Hynes	Male	Spirit 30km	Beginner	2511
Darragh	Israel	male	Spirit 30km	Beginner	2512
Paul	Joyce	male	Spirit 30km	Beginner	2513
Donal	Keane	male	Spirit 30km	Beginner	2514
Liam	Kearns	male	Spirit 30km	Beginner	2515
Niamh	Keating	female	Spirit 30km	Beginner	2516
John	Keavney	male	Spirit 30km	Beginner	2517
Katie	Kehoe	female	Spirit 30km	Beginner	2518
Cian	Kelleher	Male	Spirit 30km	Beginner	2519
Colm	Kelly	male	Spirit 30km	Beginner	2520
Theresa	Kelly	female	Spirit 30km	Beginner	2521
Eileen	Kelly	female	Spirit 30km	Beginner	2522
Alison	Kelly Keegan	female	Spirit 30km	Beginner	2523
Seamus	Kennedy	male	Spirit 30km	Beginner	2524
Michaela	Kennedy	female	Spirit 30km	Beginner	2525
Mark	Kenny	male	Spirit 30km	Beginner	2526
Gary	Kenny	male	Spirit 30km	Beginner	2527
Peter	Kenny	male	Spirit 30km	Beginner	2528

Eimear	Killian	female	Spirit 30km	Beginner	2529
Shane	Kilrane	male	Spirit 30km	Beginner	2530
Linda	King	female	Spirit 30km	Beginner	2531
Martina	Kirrane	female	Spirit 30km	Beginner	2532
Thomas	Kirrrane	male	Spirit 30km	Beginner	2533
Fiona	Knight	female	Spirit 30km	Beginner	2534
Giles	Knight	male	Spirit 30km	Beginner	2535
Tara	Langan	female	Spirit 30km	Beginner	2536
Ann	Lardner	female	Spirit 30km	Beginner	2537
John Paul	Lardner	male	Spirit 30km	Beginner	2538
Damien	Lavelle	male	Spirit 30km	Beginner	2539
Kenneth	Lavelle	male	Spirit 30km	Beginner	2540
Caitriona	Lavin	female	Spirit 30km	Beginner	2541
Julie	Leech	female	Spirit 30km	Beginner	2542
Maeve	Leonard	female	Spirit 30km	Beginner	2543
Albert	Lledo	male	Spirit 30km	Beginner	2544
Rebecca	Loftus	female	Spirit 30km	Beginner	2545
Marie	Lough	female	Spirit 30km	Beginner	2546

Conor	Lowry	male	Spirit 30km	Beginner	2547
Sarah jane	Lowry	female	Spirit 30km	Beginner	2548
Barry	Lupton	male	Spirit 30km	Beginner	2549
Adrian	Lydon	male	Spirit 30km	Beginner	2550
Hilda	Lynn	female	Spirit 30km	Beginner	2551
James	Lynn	male	Spirit 30km	Beginner	2552
Carol	Lynott	female	Spirit 30km	Beginner	2553
Martin	Lyons	male	Spirit 30km	Beginner	2554
Aine	MacNally	female	Spirit 30km	Beginner	2555
Margaret	Madden	female	Spirit 30km	Beginner	2556
Robert	Madden	male	Spirit 30km	Beginner	2557
Cliona	Mahon	female	Spirit 30km	Beginner	2558
Aoife	Mahon	female	Spirit 30km	Beginner	2559
Makawa	makanda-tansey	female	Spirit 30km	Beginner	2560
Seamus	Maloney	male	Spirit 30km	Beginner	2561
Claire	Maloney	female	Spirit 30km	Beginner	2562
Ellie-jane	Martinez	female	Spirit 30km	Beginner	2563
Damien	Martyn	male	Spirit 30km	Beginner	2564

Aoife	Martyn	female	Spirit 30km	Beginner	2565
Gerald	Mc Auley	male	Spirit 30km	Beginner	2566
Marice	Mc Barron	female	Spirit 30km	Beginner	2567
Edel	Mc Barron	female	Spirit 30km	Beginner	2568
Roisin	Mc Bride	male	Spirit 30km	Beginner	2569
Brian	Mc Bride	male	Spirit 30km	Beginner	2570
Catherine	Mc brien	female	Spirit 30km	Beginner	2571
Robbie	Mc Carthy	male	Spirit 30km	Beginner	2572
Chloe	Mc Cormack	female	Spirit 30km	Beginner	2573
Laura	Mc Dermott	female	Spirit 30km	Beginner	2574
Ally	Mc Dermott	female	Spirit 30km	Beginner	2575
Jonathan	Mc Donagh	male	Spirit 30km	Beginner	2576
Marion	Mc Donagh	female	Spirit 30km	Beginner	2577
Nicola	Mc Evoy	female	Spirit 30km	Beginner	2578
Hanora	Mc Evoy	female	Spirit 30km	Beginner	2579
Tristan	Mc Garr	male	Spirit 30km	Beginner	2580
Fiona	Mc Garryv	female	Spirit 30km	Beginner	2581
Orla	Mc Geeney	female	Spirit 30km	Beginner	2582

SHANE	MC GLYNN	male	Spirit 30km	Beginner	2583
Holly	Mc Govern	female	Spirit 30km	Beginner	2584
Hannah	Mc Govern	female	Spirit 30km	Beginner	2585
Karen	Mc Grath	female	Spirit 30km	Beginner	2586
Abby	Mc Greal	female	Spirit 30km	Beginner	2587
Laura	Mc Gurn	female	Spirit 30km	Beginner	2588
Oliver	Mc Gurn	male	Spirit 30km	Beginner	2589
Leila	Mc Hale	female	Spirit 30km	Beginner	2590
Francis	Mc Hale	male	Spirit 30km	Beginner	2591
Cliodhna	Mc Hugh	female	Spirit 30km	Beginner	2592
Geraldine	Mc Hugh	female	Spirit 30km	Beginner	2593
Breda	Mc kelvey	female	Spirit 30km	Beginner	2594
Sarah	Mc Kiernan	female	Spirit 30km	Beginner	2595
CLAIRE	MC LOUGHLIN	female	Spirit 30km	Beginner	2596
John	Mc Manamy	male	Spirit 30km	Beginner	2597
Declan	Mc morrow	male	Spirit 30km	Beginner	2598
Christopher	Mc Morrow	male	Spirit 30km	Beginner	2599
Lynda	Mc Nally	female	Spirit 30km	Beginner	2600

Maura	Mc namara Cusack	female	Spirit 30km	Beginner	2601
Audrey	Mc Nicholas	female	Spirit 30km	Beginner	2602
Sandra	Mc Nulty	female	Spirit 30km	Beginner	2603
Alan	Mc Phillips	male	Spirit 30km	Beginner	2604
Aoife	Mc Tiernan	female	Spirit 30km	Beginner	2605
Ann	Mitchell	female	Spirit 30km	Beginner	2606
Catherine	Mohan	female	Spirit 30km	Beginner	2607
Darren	Molloy	male	Spirit 30km	Beginner	2608
Mary	Molloy	female	Spirit 30km	Beginner	2609
Aoife	Moran	female	Spirit 30km	Beginner	2610
Sean	Moran	male	Spirit 30km	Beginner	2611
Laura	Moran	female	Spirit 30km	Beginner	2612
Michael	Moylette	male	Spirit 30km	Beginner	2613
Bonnie	Moylette	female	Spirit 30km	Beginner	2614
Orla	Mulchrone	female	Spirit 30km	Beginner	2615
Michael	Mullaney	male	Spirit 30km	Beginner	2616
Michelle	Mulrennan	female	Spirit 30km	Beginner	2617
Hayley	Munroe	female	Spirit 30km	Beginner	2618

Niamh	Murphy	female	Spirit 30km	Beginner	2619
Barbara	Murray	female	Spirit 30km	Beginner	2620
Niamh	Murray	female	Spirit 30km	Beginner	2621
Lisa	Naughton	female	Spirit 30km	Beginner	2622
John	Naughton	male	Spirit 30km	Beginner	2623
Sean	Needham	male	Spirit 30km	Beginner	2624
Lorraine	Nicholson	female	Spirit 30km	Beginner	2625
Marie	Noone	female	Spirit 30km	Beginner	2626
Pamela	O Boyle	female	Spirit 30km	Beginner	2627
Helena	O Brien	female	Spirit 30km	Beginner	2628
Eileen	O Brien	female	Spirit 30km	Beginner	2629
Niamh	O Brien	female	Spirit 30km	Beginner	2630
Agnes	O Brien	female	Spirit 30km	Beginner	2631
Stephen	O Brien	male	Spirit 30km	Beginner	2632
Stephen	O Brien	male	Spirit 30km	Beginner	2633
PATRICIA	O BRIEN	female	Spirit 30km	Beginner	2634
Laura	O Connell	female	Spirit 30km	Beginner	2635
Eimear	O Connor	female	Spirit 30km	Beginner	2636

Mary	O Connor	female	Spirit 30km	Beginner	2637
Kenneth	O Connor	male	Spirit 30km	Beginner	2638
Emlyn	O Connor	male	Spirit 30km	Beginner	2639
Laura	O Dea	female	Spirit 30km	Beginner	2640
Sarah	O Dea	female	Spirit 30km	Beginner	2641
Maeve	O Donnell	female	Spirit 30km	Beginner	2642
Jeanine	O Donnell	female	Spirit 30km	Beginner	2643
Brian	O Mahoney	male	Spirit 30km	Beginner	2644
Sandra	O Mahony	female	Spirit 30km	Beginner	2645
Conor	O Neill	male	Spirit 30km	Beginner	2646
Jonathan	O Reilly	male	Spirit 30km	Beginner	2647
Shauna	O Reilly	female	Spirit 30km	Beginner	2648
Fiona	O Sullivan	female	Spirit 30km	Beginner	2649
Alice	O Toole	Female	Spirit 30km	Beginner	2650
John	Page	male	Spirit 30km	Beginner	2651
Kiki	Paschalidou	female	Spirit 30km	Beginner	2652
John	Patterson	male	Spirit 30km	Beginner	2653
John	Powell	male	Spirit 30km	Beginner	2654

William	Powell	male	Spirit 30km	Beginner	2655
Katherine	Power	female	Spirit 30km	Beginner	2656
Emma	Pyne	male	Spirit 30km	Beginner	2657
Irene	Rafferty	female	Spirit 30km	Beginner	2658
Maurice	Rafferty	male	Spirit 30km	Beginner	2659
Clodagh	Ralph	female	Spirit 30km	Beginner	2660
Kiefer	Ramberg	male	Spirit 30km	Beginner	2661
Kirsten	Ramsay	female	Spirit 30km	Beginner	2662
Paula	Rawson	female	Spirit 30km	Beginner	2663
Evie	Redahan	female	Spirit 30km	Beginner	2664
Eoin	Reddington	male	Spirit 30km	Beginner	2665
Edel	Redmond	female	Spirit 30km	Beginner	2666
Tony	Reilly	male	Spirit 30km	Beginner	2667
Michael	Renola	male	Spirit 30km	Beginner	2668
Frances	Ridler	female	Spirit 30km	Beginner	2669
Shona	Roche	female	Spirit 30km	Beginner	2670
Emma	Rock	female	Spirit 30km	Beginner	2671
Anna	Rose	female	Spirit 30km	Beginner	2672

Charlotte	Rowlands	female	Spirit 30km	Beginner	2673
Lorraine	Ryder	female	Spirit 30km	Beginner	2674
Enda	Saul	female	Spirit 30km	Beginner	2675
Sharon	Shannon	female	Spirit 30km	Beginner	2676
Nicola	Sharkey	female	Spirit 30km	Beginner	2677
Niamh	Sheerin	female	Spirit 30km	Beginner	2678
Julie	Shiels	female	Spirit 30km	Beginner	2679
Susan	Shorten	female	Spirit 30km	Beginner	2680
Rod	Shorten	male	Spirit 30km	Beginner	2681
Bryan	Smith	male	Spirit 30km	Beginner	2682
Declan	Smith	male	Spirit 30km	Beginner	2683
Ciaran	Staunton	male	Spirit 30km	Beginner	2684
John	Stenson	male	Spirit 30km	Beginner	2685
Anne	Stockdale	female	Spirit 30km	Beginner	2686
Elaine	Sullivan	female	Spirit 30km	Beginner	2687
Laura	Timoney	female	Spirit 30km	Beginner	2688
Michelle	Timothy	female	Spirit 30km	Beginner	2689
Karen	Townsend	female	Spirit 30km	Beginner	2690

Emily	Ui Mhainnin	female	Spirit 30km	Beginner	2691
thomas	upton	male	Spirit 30km	Beginner	2692
Tony	Walkin	male	Spirit 30km	Beginner	2693
Caolan	Walsh	male	Spirit 30km	Beginner	2694
Kevin	Walsh	male	Spirit 30km	Beginner	2695
Clare	Walsh	Female	Spirit 30km	Beginner	2696
Clare	Walsh	female	Spirit 30km	Beginner	2697
Cormac	Walsh	male	Spirit 30km	Beginner	2698
Niall	Weldon	male	Spirit 30km	Beginner	2699
Paraic	Whyte	male	Spirit 30km	Beginner	2700