First Name	Last Name	Gender	Event Name	Sub Category	Race Number
Ian	Adams	male	Spirit 30km	Beginner	2038
Werner	Adams	male	Spirit 30km	Beginner	2039
andrew	Ainley	male	Spirit 30km	Beginner	2040
Bernard	Arthur	male	Spirit 30km	Beginner	2041
Shane	Aston	male	Spirit 30km	Beginner	2042
declan	bagnall	male	Spirit 30km	Beginner	2043
Patrick	Bailey	male	Spirit 30km	Beginner	2044
Ger	Bailey	male	Spirit 30km	Beginner	2045
Shane	Barrett	male	Spirit 30km	Beginner	2046
John	Barry	male	Spirit 30km	Beginner	2047
Aoife	Beirne	female	Spirit 30km	Beginner	2048
Gary	Beirne	male	Spirit 30km	Beginner	2049
Maggie	Bermingham	female	Spirit 30km	Beginner	2050
Declan	Blaine	male	Spirit 30km	Beginner	2051
Paula	Bradley	female	Spirit 30km	Beginner	2052
Patrick	Brennan	male	Spirit 30km	Beginner	2053
Carol	Brennan	female	Spirit 30km	Beginner	2054

Lee	Brennan	male	Spirit 30km	Beginner	2055
Sonia	Breslin	female	Spirit 30km	Beginner	2056
Daniel	Breslin	male	Spirit 30km	Beginner	2057
Aidan	Brogan	male	Spirit 30km	Beginner	2058
JOHN	Brogan	male	Spirit 30km	Beginner	2059
Kathleen	Brooks	female	Spirit 30km	Beginner	2060
Shauna	Browne	female	Spirit 30km	Beginner	2061
Louise	Browne	female	Spirit 30km	Beginner	2062
Nicola	Bruen	female	Spirit 30km	Beginner	2063
Maria	Burke	female	Spirit 30km	Beginner	2064
Monika	Buzynuk	female	Spirit 30km	Beginner	2065
Mark	callaghan	male	Spirit 30km	Beginner	2066
Ammie	Callanan	female	Spirit 30km	Beginner	2067
Eimear	Canny	female	Spirit 30km	Beginner	2068
Aisling	Carolan	female	Spirit 30km	Beginner	2069
Sean	Carpenter	male	Spirit 30km	Beginner	2070
Peter	Carrig	male	Spirit 30km	Beginner	2071
Seamus	Carroll	male	Spirit 30km	Beginner	2072

Niamh	Carton	female	Spirit 30km	Beginner	2073
Aideen	Caulfield	female	Spirit 30km	Beginner	2074
Conor	Cawley	male	Spirit 30km	Beginner	2075
Catherine	Clancy	female	Spirit 30km	Beginner	2076
Louise	Clarke	female	Spirit 30km	Beginner	2077
JULIE ANN	CLARKE	female	Spirit 30km	Beginner	2078
Pat	Cloherty	male	Spirit 30km	Beginner	2079
Kalina	Cmuchalska	female	Spirit 30km	Beginner	2080
Francis	Coleman	male	Spirit 30km	Beginner	2081
Anthony	Collins	male	Spirit 30km	Beginner	2082
James	Commins	male	Spirit 30km	Beginner	2083
Claire	Condon	female	Spirit 30km	Beginner	2084
Thomas	Connolly	male	Spirit 30km	Beginner	2085
brian	connor	male	Spirit 30km	Beginner	2086
Caroline	Conroy	female	Spirit 30km	Beginner	2087
Orla	Conroy	female	Spirit 30km	Beginner	2088
Tina	Conway	female	Spirit 30km	Beginner	2089
Mariea	Corcoran	female	Spirit 30km	Beginner	2090

Keith	Corry	male	Spirit 30km	Beginner	2091
Jason	Costello	male	Spirit 30km	Beginner	2092
FIONAN	Coyle	male	Spirit 30km	Beginner	2093
Natalie	Crowe	female	Spirit 30km	Beginner	2094
Martina	Curran	female	Spirit 30km	Beginner	2095
Therese	Currid	female	Spirit 30km	Beginner	2096
Joann	Daly	female	Spirit 30km	Beginner	2097
Ian	Daniels	male	Spirit 30km	Beginner	2098
Timmy	Davidson	male	Spirit 30km	Beginner	2099
Yvonne	Deegan	female	Spirit 30km	Beginner	2100
alden	delgado	male	Spirit 30km	Beginner	2101
James	DeNash	male	Spirit 30km	Beginner	2102
Shauna	Devane	female	Spirit 30km	Beginner	2103
Liam	Doherty	male	Spirit 30km	Beginner	2104
Derek	Doherty	male	Spirit 30km	Beginner	2105
Gerard	Doherty	male	Spirit 30km	Beginner	2106
Tony	Doherty	male	Spirit 30km	Beginner	2107
Anna	Doherty	female	Spirit 30km	Beginner	2108

Maura	Dolan	female	Spirit 30km	Beginner	2109
Aoife	Donnelly	female	Spirit 30km	Beginner	2110
Kerri	doonan	female	Spirit 30km	Beginner	2111
Conor	Dore	male	Spirit 30km	Beginner	2112
Thomas	Dorman	male	Spirit 30km	Beginner	2113
Sharon	Dowling	female	Spirit 30km	Beginner	2114
Eilis	Doyle	female	Spirit 30km	Beginner	2115
Gary	Duffy	male	Spirit 30km	Beginner	2116
Kenneth	Duffy	male	Spirit 30km	Beginner	2117
Andy	Duffy	male	Spirit 30km	Beginner	2118
Justin	Dunne	male	Spirit 30km	Beginner	2119
Julia	Dunne	female	Spirit 30km	Beginner	2120
Morgan	Dunne	male	Spirit 30km	Beginner	2121
Bryan	Durkin	male	Spirit 30km	Beginner	2122
Adam	Early	male	Spirit 30km	Beginner	2123
Darragh	Fahy	Male	Spirit 30km	Beginner	2124
Aaron	Falconer	male	Spirit 30km	Beginner	2125
Patrick	Farnan	male	Spirit 30km	Beginner	2126

Karen	Farrell	female	Spirit 30km	Beginner	2127
Paul	Feely	male	Spirit 30km	Beginner	2128
Kenny	Feeney	male	Spirit 30km	Beginner	2129
Padraig	Feerick	male	Spirit 30km	Beginner	2130
Adrian	Finnerty	male	Spirit 30km	Beginner	2131
Ciaran	Fitzpatrick	male	Spirit 30km	Beginner	2132
Hugh	Fitzpatrick	male	Spirit 30km	Beginner	2133
Jane	Foley	female	Spirit 30km	Beginner	2134
David	Forkan	male	Spirit 30km	Beginner	2135
Charlie	Forkan	male	Spirit 30km	Beginner	2136
Damien	Foy	male	Spirit 30km	Beginner	2137
Hugh	Foy	male	Spirit 30km	Beginner	2138
Colm	Frizzell	male	Spirit 30km	Beginner	2139
Mikey	Gallagher	male	Spirit 30km	Beginner	2140
Jim	Gallagher	male	Spirit 30km	Beginner	2141
Joseph	Gallagher	male	Spirit 30km	Beginner	2142
Elisha	Gallier	female	Spirit 30km	Beginner	2143
Patrick	Gannon	male	Spirit 30km	Beginner	2144

Steph	Gaughan	female	Spirit 30km	Beginner	2145
Joe	Gibson	male	Spirit 30km	Beginner	2146
Gillian	Gillespie	female	Spirit 30km	Beginner	2147
harry	Gillivan	Male	Spirit 30km	Beginner	2148
LORRAINE	GORHAM	female	Spirit 30km	Beginner	2149
Gwen	Gould	female	Spirit 30km	Beginner	2150
Raymond	Grealis	male	Spirit 30km	Beginner	2151
Niall	Guerin	male	Spirit 30km	Beginner	2152
Jason	Guille	male	Spirit 30km	Beginner	2153
Sean	Guinan	male	Spirit 30km	Beginner	2154
Claire	Hannah	female	Spirit 30km	Beginner	2155
Ronan	Haslette	male	Spirit 30km	Beginner	2156
John	Hastings	male	Spirit 30km	Beginner	2157
louise	healy	female	Spirit 30km	Beginner	2158
Dorothy	Heffernan	female	Spirit 30km	Beginner	2159
Niamh	Heneghan	female	Spirit 30km	Beginner	2160
Aibhinn	Herr	female	Spirit 30km	Beginner	2161
Ciara	Herron	female	Spirit 30km	Beginner	2162

Mae	Hession	female	Spirit 30km	Beginner	2163
Alan	Hickey	male	Spirit 30km	Beginner	2164
David	Higgins	male	Spirit 30km	Beginner	2165
Alex	Higgins	male	Spirit 30km	Beginner	2166
Patricia	higgins	female	Spirit 30km	Beginner	2167
Jack	Higgins	male	Spirit 30km	Beginner	2168
Donal	Hoban	male	Spirit 30km	Beginner	2169
Justin	Hopkins	male	Spirit 30km	Beginner	2170
Shane	Horan	male	Spirit 30km	Beginner	2171
Marc	Howley	male	Spirit 30km	Beginner	2172
Claire	Hughes	female	Spirit 30km	Beginner	2173
Therese	Hughes	female	Spirit 30km	Beginner	2174
Ryan	Hyde	male	Spirit 30km	Beginner	2175
James	Jackson	male	Spirit 30km	Beginner	2176
Megan	Jobe	female	Spirit 30km	Beginner	2177
Andrea	Johnston	female	Spirit 30km	Beginner	2178
Helena	Joyce	female	Spirit 30km	Beginner	2179
Adrian	Judge	male	Spirit 30km	Beginner	2180

Chloe	Keane	female	Spirit 30km	Beginner	2181
Robbie	Keane	male	Spirit 30km	Beginner	2182
Jonathan	Keegam	male	Spirit 30km	Beginner	2183
John	Keenan	male	Spirit 30km	Beginner	2184
Richard	Kelly	male	Spirit 30km	Beginner	2185
PETER	KELLY	male	Spirit 30km	Beginner	2186
Rory	Kennedy	male	Spirit 30km	Beginner	2187
Michael	Kenny	male	Spirit 30km	Beginner	2188
Joseph	Kenny	Male	Spirit 30km	Beginner	2189
Edel	Kernan	female	Spirit 30km	Beginner	2190
Niamh	Kiernan	female	Spirit 30km	Beginner	2191
Padraig	Kilgallon	male	Spirit 30km	Beginner	2192
Denise	Kilgallon	female	Spirit 30km	Beginner	2193
Colm	Kilroe	male	Spirit 30km	Beginner	2194
Niamh	King	female	Spirit 30km	Beginner	2195
Regina	King	female	Spirit 30km	Beginner	2196
Michael	Lacey	male	Spirit 30km	Beginner	2197
Jane	Lally	female	Spirit 30km	Beginner	2198

MATTHEW	LANG	male	Spirit 30km	Beginner	2199
Cormac	Langan	male	Spirit 30km	Beginner	2200
jimmy	lawlor	male	Spirit 30km	Beginner	2201
Derek	Lawlor	male	Spirit 30km	Beginner	2202
Ailbhe	Leonard	female	Spirit 30km	Beginner	2203
Anna	Lineen	female	Spirit 30km	Beginner	2204
Julian	Lloyd-Evans	male	Spirit 30km	Beginner	2205
Alessandro	Lo Manto	male	Spirit 30km	Beginner	2206
John	Lowry	male	Spirit 30km	Beginner	2207
David	Lynch	male	Spirit 30km	Beginner	2208
Mark	Lyons	male	Spirit 30km	Beginner	2209
Trisha	Mac Hale	female	Spirit 30km	Beginner	2210
Alan	Macken	male	Spirit 30km	Beginner	2211
Carol	Madden	female	Spirit 30km	Beginner	2212
Rebecca	Madden	female	Spirit 30km	Beginner	2213
Sandra	Madden Nolan	female	Spirit 30km	Beginner	2214
tom	maguire	male	Spirit 30km	Beginner	2215
Rian	Mahon	male	Spirit 30km	Beginner	2216

Clare	Mahon	female	Spirit 30km	Beginner	2217
Sean	Maloney	male	Spirit 30km	Beginner	2218
Aisling	Manning	female	Spirit 30km	Beginner	2219
Paul	Mannion	male	Spirit 30km	Beginner	2220
Fionnuala	Mannion	female	Spirit 30km	Beginner	2221
John	Martin	male	Spirit 30km	Beginner	2222
Alan	Martin	male	Spirit 30km	Beginner	2223
Eoghan	Martyn	male	Spirit 30km	Beginner	2224
Adrian	Maye	male	Spirit 30km	Beginner	2225
Ronan	Mc Allister	male	Spirit 30km	Beginner	2226
Nadine	Mc Cabe	female	Spirit 30km	Beginner	2227
Stephen	Mc Cann	male	Spirit 30km	Beginner	2228
Laura	Mc Cann	female	Spirit 30km	Beginner	2229
Eoin	Mc Carron	male	Spirit 30km	Beginner	2230
Jayne	Mc Cormack	female	Spirit 30km	Beginner	2231
Martina	Mc Cormack	female	Spirit 30km	Beginner	2232
Annie	Mc Cormack	female	Spirit 30km	Beginner	2233
Shaun	Mc Cready	male	Spirit 30km	Beginner	2234

Fergal	Mc donagh	male	Spirit 30km	Beginner	2235
Jimmy	Mc Donagh	male	Spirit 30km	Beginner	2236
Linda	Mc Donnell	female	Spirit 30km	Beginner	2237
Orla	Mc garry	female	Spirit 30km	Beginner	2238
Patrick	Mc garry	male	Spirit 30km	Beginner	2239
Brian	Mc Garry	male	Spirit 30km	Beginner	2240
Hugh	Mc Gauran	male	Spirit 30km	Beginner	2241
Pamela	Mc Gauran	female	Spirit 30km	Beginner	2242
Sorcha	Mc Gee	female	Spirit 30km	Beginner	2243
Ryan	Mc Govern	male	Spirit 30km	Beginner	2244
Kieran	Mc Grath	male	Spirit 30km	Beginner	2245
Tommy	Mc Guckian	male	Spirit 30km	Beginner	2246
Colin	Mc Hale	male	Spirit 30km	Beginner	2247
Patrick	Mc Hale	male	Spirit 30km	Beginner	2248
Colin	Mc Ilrath	male	Spirit 30km	Beginner	2249
Davin	Mc Loone	male	Spirit 30km	Beginner	2250
Michelle	Mc Manus	female	Spirit 30km	Beginner	2251
Paul	Mc Mullan	male	Spirit 30km	Beginner	2252

Pamela	Mc Nally	female	Spirit 30km	Beginner	2253
Ciaran	Mc Nulty	male	Spirit 30km	Beginner	2254
David	Mellett	male	Spirit 30km	Beginner	2255
Damien	Melly	male	Spirit 30km	Beginner	2256
Louisa	Miller	female	Spirit 30km	Beginner	2257
Mark	Mills	male	Spirit 30km	Beginner	2258
Noel	Molloy	male	Spirit 30km	Beginner	2259
Tom	Monaghan	male	Spirit 30km	Beginner	2260
Emma	Mooney	female	Spirit 30km	Beginner	2261
Eddie	Moore	male	Spirit 30km	Beginner	2262
John	Morgan	male	Spirit 30km	Beginner	2263
Anna	Moriarty	female	Spirit 30km	Beginner	2264
Conor	Mulchrone	male	Spirit 30km	Beginner	2265
Clodagh	Muldowney	female	Spirit 30km	Beginner	2266
Claire	Mullen	female	Spirit 30km	Beginner	2267
brian	mullin	male	Spirit 30km	Beginner	2268
Aoife	Munnelly	female	Spirit 30km	Beginner	2269
Chris	Murphy	male	Spirit 30km	Beginner	2270

Orla	Murphy	female	Spirit 30km	Beginner	2271
Francis	Murray	male	Spirit 30km	Beginner	2272
John Paul	Murray	male	Spirit 30km	Beginner	2273
Daniel	Nevin	male	Spirit 30km	Beginner	2274
Brona	Ni Chaiside	female	Spirit 30km	Beginner	2275
Georgina	Niland	female	Spirit 30km	Beginner	2276
Charlotte	Nolan-Browne	female	Spirit 30km	Beginner	2277
Luke	O Brien	male	Spirit 30km	Beginner	2278
Roisin	O Brien	female	Spirit 30km	Beginner	2279
HAYDEN	O CONNELL	male	Spirit 30km	Beginner	2280
Chloe	O Connor	female	Spirit 30km	Beginner	2281
Rory	O Connor	male	Spirit 30km	Beginner	2282
Clare	O Connor	female	Spirit 30km	Beginner	2283
Gerard	O Donnell	male	Spirit 30km	Beginner	2284
Joe	O Donnell	male	Spirit 30km	Beginner	2285
Alan	O Hara	male	Spirit 30km	Beginner	2286
Deirdre	O Hara	female	Spirit 30km	Beginner	2287
Brian	O Hora	male	Spirit 30km	Beginner	2288

Daniel	O Mahoney	male	Spirit 30km	Beginner	2289
Eimear	O malley	female	Spirit 30km	Beginner	2290
Ciaran	O Malley	male	Spirit 30km	Beginner	2291
Kevin	O Neill	male	Spirit 30km	Beginner	2292
John	O Reilly	male	Spirit 30km	Beginner	2293
cathal	O reilly	male	Spirit 30km	Beginner	2294
Barry	O Reilly	male	Spirit 30km	Beginner	2295
Elizabeth	O Reilly	female	Spirit 30km	Beginner	2296
Oisin	O Slatarra	male	Spirit 30km	Beginner	2297
Adam	Pratt	female	Spirit 30km	Beginner	2298
Conor	Price	male	Spirit 30km	Beginner	2299
Catherine	Quigley	female	Spirit 30km	Beginner	2300
Mike	Quinn	male	Spirit 30km	Beginner	2301
John	Quinn	male	Spirit 30km	Beginner	2302
JAMES	QUINN	male	Spirit 30km	Beginner	2303
Niccolo	Raspa	male	Spirit 30km	Beginner	2304
Thelma	Regan	female	Spirit 30km	Beginner	2305
James	Reynolds	male	Spirit 30km	Beginner	2306

Keith	Roe	male	Spirit 30km	Beginner	2307
Conor	Ronan	male	Spirit 30km	Beginner	2308
Daniel	Rooney	male	Spirit 30km	Beginner	2309
Niamh	Rooney	female	Spirit 30km	Beginner	2310
Damien	Rooney	male	Spirit 30km	Beginner	2311
Tom	Russell	male	Spirit 30km	Beginner	2312
Susan	Ryan	female	Spirit 30km	Beginner	2313
Rory	Ryan	male	Spirit 30km	Beginner	2314
Ollie	Ryan	male	Spirit 30km	Beginner	2315
Noelle	Ryan	female	Spirit 30km	Beginner	2316
Ferghal	Shannon	male	Spirit 30km	Beginner	2317
Simon	Sharkey	male	Spirit 30km	Beginner	2318
Desmond	Sharkey	male	Spirit 30km	Beginner	2319
Philip	Sharp	male	Spirit 30km	Beginner	2320
Alan	Shortt	male	Spirit 30km	Beginner	2321
Ann Marie	Shortt	female	Spirit 30km	Beginner	2322
Kevin	Smyth	male	Spirit 30km	Beginner	2323
Mark	Stanford	male	Spirit 30km	Beginner	2324

Jill	Stephens	female	Spirit 30km	Beginner	2325
Katie	Still	female	Spirit 30km	Beginner	2326
Martin	Sweeney	male	Spirit 30km	Beginner	2327
Sharon	Taylor	female	Spirit 30km	Beginner	2328
Emma	Tector	female	Spirit 30km	Beginner	2329
Loi	Thai	male	Spirit 30km	Beginner	2330
David	Timlin	male	Spirit 30km	Beginner	2331
Paul	Timmons	male	Spirit 30km	Beginner	2332
Kathryn	Tracey	female	Spirit 30km	Beginner	2333
Niall	Tracey	male	Spirit 30km	Beginner	2334
Alisha	Travers	female	Spirit 30km	Beginner	2335
Ricardo	Trindade	male	Spirit 30km	Beginner	2336
Brenda	Vesey	male	Spirit 30km	Beginner	2337
Samantha	Waldron	female	Spirit 30km	Beginner	2338
Isla	Waldron	female	Spirit 30km	Beginner	2339
MARTYN	WALLACE	male	Spirit 30km	Beginner	2340
Pat	Walsh	male	Spirit 30km	Beginner	2341
Jade	Walsh	female	Spirit 30km	Beginner	2342

Claire	Walsh	female	Spirit 30km	Beginner	2343
ANDREW	WELDON	male	Spirit 30km	Beginner	2344
Denise	Whitaker	female	Spirit 30km	Beginner	2345
Aidan	Whyte	male	Spirit 30km	Beginner	2346
Rodney	Wilton	male	Spirit 30km	Beginner	2347
Terence	Woods	male	Spirit 30km	Beginner	2348
John	Young	male	Spirit 30km	Beginner	2349